

# THE ROSE & CROWN

Food Served Daily Mon-Sat 11:30am-3.00pm/5pm-8:30pm  
All Day Sunday 11:30am-8:30pm

## BAGUETTES ONLY SERVED UNTIL 3PM

WARM BAGUETTE SERVED WITH RED ONION SLAW, PICKLED VEG, MIXED LEAVES & HOUSE DRESSING

ADD SMALL FRIES £2.50    ADD LOADED FRIES £4.00

### CLASSIC CAJUN CHICKEN (GF\*)

Our Famous Creamy Cajun Chicken £9.95  
with Mushrooms & Crispy Onion  
*Add Cheese £1.00*

### MESSY RUMP STEAK

Thin Slices of Local Rump Steak, Red £10.95  
Onion & Mushrooms Topped With  
Brisket Gravy  
*Add Cheese £1.00*

### SWEET BBQ CHICKEN (GF\*)

Chicken Breast Slices Covered in a £9.95  
Sweet & Sticky BBQ sauce Topped with  
Goey Cheese

### ROAST HAM (GF\*)

Thinly Sliced Roast Ham with a Dijon & £8.95  
Chive Mayonnaise  
*Add Cheese £1.00*

### NEW YORK DELI (GF\*)

Peppered Pastrami, Gherkins & £9.95  
Monterey Jack with Mild House  
Mustard Sauce

### BACON & BRIE (GF\*)

Generous Slices of Crispy Smoked Bacon, £9.95  
Creamy Brie & a Chipotle Cranberry  
Sauce

### VEGAN MEATBALL SUB (VE\*, V\*)

Plant Based Vegan Meatballs with Fresh £9.95  
Basil & Marinara Sauce  
*Add Cheese (V\*) £1.20*

### TUNA & CUCUMBER (GF\*)

Tuna Mayonnaise, Cucumber & Pickled £8.95  
Red Onion  
*Add Cheese and Make it a Melt? ...£1.00*

### CAJUN VEGETABLES (GF\*, V\*)

Our Famous Creamy Cajun Sauce with £9.95  
Mixed Roasted Vegetables & Crispy  
Onions  
*Add Cheese £1.00*

## SIDES

SKIN ON FRIES	£4.00
LOADED FRIES (SEE BELOW)	£6.00
ONION RINGS	£4.50
SIDE SALAD	£4.00
FRESH VEGETABLES	£4.00
GARLIC BAGUETTE WITH MOZZARELLA	£6.00
GARLIC BAGUETTE WITH TOMATO, CHILLI & MOZZARELLA	£7.00
PEPPERCORN SAUCE	£3.00
CREAMY CAJUN SAUCE	£2.00
BRISKET GRAVY	£2.00

## LOADED FRIES £6.00

### TEXAS FRIES

...with Crispy Smoked Bacon, Melted Cheese & BBQ Sauce

### POSH FRIES

...with Grated & Shaved Parmesan & Truffle oil

### MIDDLE EASTERN FRIES

...with Sliced Chicken Shawarma, Yoghurt & Chilli Sauce

### SALT & PEPPER FRIES

...with Sliced Peppers, Onions & Chillies

## FRESH SALADS

### CAESAR SALAD (V\*)

Classic Caesar Ingredients of Cos Lettuce, £10.00  
Grated & Shaved Parmesan & Baked  
Croutons  
*Add Chicken, Crispy bacon and Anchovy £4*

### GREEK SALAD (DF\*, GF\*, VE\*, V\*)

Another Classic Featuring Olives, Feta, £13.00  
Cucumber, Pickled Red Onion, Cherry  
Tomatoes & Oregano. Served with Garlic  
Flatbread Slices

### SHAWARMA SALAD (GF\*)

Middle Eastern Chicken Shawarma Slices, £15.00  
Pickled Vegetables, Generous Salad Leaf,  
Yogurt Dressing, Garlic Flatbreads & a  
Touch of Chilli Sauce

### VEGAN BOWL (DF\*, GF\*, VE\*, V\*)

Mixed Leaf with Vegan Protein Bites, £15.00  
Cherry Tomatoes, Pickled Vegetables,  
Warmed Flatbreads & a Vegan Aioli

<b>FRESH MUSSELS (GF*)</b>	<b>£18.00</b>
A Large Bowl of Fresh Mussels Served with a Freshly Baked Half Baguette & Topped with Skin on Fries	
<b>Choose your sauce...</b>	
Tomato, Fresh Chilli & Oregano (DF*) or... White Wine, Cream, Shallot & Fresh Sliced Garlic	
<b>CREAMY CAJUN CHICKEN (GF*)</b>	<b>£17.00</b>
Ulverston's Best Kept Secret...Sliced Chicken Breast, Mushrooms & Onions in a Creamy Cajun Spiced Sauce Topped with Crispy Onions. Served with Skin on Fries, Lemon & Chive Rice with Flat Breads	
<b>CAJUN VEGETABLES (GF*, VE*)</b>	<b>£16.00</b>
Mixed Green Vegetables, Baby Corn, Peppers, Mushrooms & Onions in the Famous Sauce Topped with Crispy Onions. Served with Skin on Fries, Lemon & Chive Rice with Flat Breads	
	<b>£16.00</b>
<b>PROPER BATTERED FISH (DF*)</b>	
Fresh from Fleetwood Fish Market... a Haddock Fillet in Crispy Batter. Served with House Tarter, Lemon, Mushy Peas & Skin on Fries ( <i>Smaller portion £14</i> )	
<b>PANKO CHICKEN BURGER</b>	<b>£16.00</b>
Butterflied Chicken Breast Coated in a Crispy Japanese Panko Crumb. Served in Brioche with Slaw, Tomato & Pickled Vegetables. Served with Crispy Onion Rings & Skin on Fries...	
<b>For todays exciting topping, please ask a team member or check out the specials board...</b>	
<b>CATCH OF THE DAY</b>	<b>...from £18.00</b>
Fresh from Fleetwood Fish Market... Please ask a Team Member or Check out the specials boards for todays Choice of Fresh Fish & it's Accompanying Garnish	
<b>STEAK &amp; ALE PIE</b>	<b>£17.00</b>
Slow Cooked & Tender Braising Steak Slices Cooked in Fresh Thyme & Local Ale. Topped with Puff Pastry, Served in Proper Gravy with Fresh Vegetables & Skin on Fries	
<b>VEGAN MEATBALL PASTA (V*, VE*)</b>	<b>£16.00</b>
Specially Sourced Plant Based Meatballs Served on Penne Pasta in a Tomato, Garlic, Oregano & Fresh Chilli Sauce. Topped with Vegan Cheese & Served with a Crusty Baguette	

<b>ROSE BURGER (DF*)</b>	<b>£16.00</b>
8oz Steak Mince Burger Patty Topped with Crispy Smoked Bacon & Monterey Jack Cheese. Served in Brioche with Leaves, Tomato, Pickled Red Onions, Gherkins & House Burger Sauce with Crispy Onion Rings, House Salsa & Skin on Fries	
<b>SIRLOIN STEAK (GF*,DF*)</b>	<b>£25.00</b>
10oz Local Sirloin Cooked with Butter & Fresh Garlic. Served with Roasted Tomato & Flat Mushroom, Crispy Onion Rings & Skin on Fries.	
<b>Cooked to your requirements</b>	
	<b>Add Peppercorn Sauce £3</b>
	<b>Add Creamy Cajun Sauce £2</b>
	<b>Add Brisket Gravy £2</b>
<b>GAMMON STEAK (GF*,DF*)</b>	<b>£18.00</b>
16oz Gammon Steak Simply Cooked & Served with Roasted Tomatoes & Flat Mushrooms. Topped with Fried Eggs & Served With House Salad & Skin on Fries	
	<b>Add Panko Pineapple £2</b>
<b>FALAFEL &amp; HALLOUMI BURGER (VE*, V*,DF*)</b>	<b>£17.00</b>
Specially Sourced Falafel Patty Topped with Marinated Grilled Halloumi. Served in Brioche with Leaves, Tomato, Pickled Veg & Hummus of The Day, <b>please ask</b> . Served with Crispy Onion Rings & Skin on Fries	
<b>CANTONESE STIR FRY (V,VE, DF*)</b>	<b>£15.00</b>
What we are Famous For... Peppers, Mushrooms, Onion, Pak Choi, Bean Sprouts, Baby Corn & Mixed Greens, Cashews & Black Sesame, Stir Fried with a Special Cantonese Sauce. Served with Skin on Fries & Lemon & Chive Rice.	
	<b>(smaller portion £12)</b>
	<b>GF* Sauce available</b>
<b>ADD CHICKEN</b>	<b>£2.00</b>
<b>ADD RUMP STEAK</b>	<b>£3.00</b>
<b>ADD TIGER PRAWNS</b>	<b>£3.00</b>
<b><u>UPGRADE TO LOADED FRIES FOR £3.50</u></b>	

**FRESH SOUP (GF\*,V\*,VE\*,DF\*) £6.50**

For Today's Fresh Soup, Please ask a Team Member or Check out the Menu Blackboards... Served with a Baguette & Butter

**SALT & PEPPER SQUID £8.95**

Deep Fried Crispy Squid Curls with Salt & Pepper Seasoning & a Pink Peppercorn & Garlic Mayonnaise

**BOWL OF NACHOS FOR ONE (GF\*,V\*,VE\*,DF\*) £7.00**

Oven Baked Crispy Tortilla Chips, Jalapeños, House Salsa, Sour Cream & Chive & Gooey Mozzarella  
*Add Some Creamy Cajun Chicken £3*

**CRISPY BEEF (DF\*) £8.50**

Fried Crispy Local Rump Steak in a Salt & Chilli Seasoning, Crispy Pepper, Chilli & Onion Salad. Served with a Sweet Chilli Sauce Drizzle

**GARLIC & CHILLI KING PRAWNS (GF\*) £8.95**

Large Juicy King Prawns Cooked in Butter, Fresh Chilli, Chilli Flakes & Thinly Sliced Baguette for Dipping

**HUMMUS & FLAT BREAD (GF\*,DF\*,V\*,VE\*) £6.95**

For the Flavour of Today's Hummus, Please ask one of the Team... Served with Marinated Olives & Grilled Garlic Flat Breads

**VEGAN BITE TACO (DF\*,VE\*,V\*) £6.95**

Served with a Chipotle BBQ Sauce & Vegan Aioli

**GRILLED HALLOUMI & CHORIZO £7.95**

Grilled Marinated Halloumi Slices with Crispy Wafer Thin Chorizo. Served with Leaves & House Salsa

**KIDS CORNER**

(CHILDREN UNDER 12YRS ONLY)

**CHICKEN GOUJONS £6.50**

Crispy Coated Chicken Goujons with Fries & Heinz Baked Beans

**MINI FISH £7.00**

Mini battered Haddock Fillet with Fries & Mushy Peas

**MINI BANGERS £6.50**

Local Pork Sausage, Crispy Fries & Brisket Gravy

**VEGAN MEATBALL PASTA (V\*,VE\*) £6.50**

Plant based Meatballs in a Tomato Pasta Sauce with Flatbread Slices

**SMALL ROAST DINNER (SUNDAYS) £7.50**

Choice of Meats with Fresh Vegetables, Roasties, Gravy & Yorkshire Pudding

**SUNDAY'S ARE A VERY SPECIAL DAY HERE AT THE ROSE...**

10 HOUR SLOW COOKED BEEF BRISKET & BRISKET GRAVY IS AVAILABLE EVERY WEEK ALONGSIDE **ONE OTHER OPTION, PLEASE SEE SPECIAL BOARDS.**

VEGAN NUT ROAST & VEGAN GRAVY ALTERNATIVE IS ALSO AVAILABLE EVERY SUNDAY

YOUR ROAST DINNER WILL BE SERVED WITH PROPER CRISPY ROASTIES, CREAMY MASH, FRESH SEASONAL VEGETABLES & A MONSTER YORKSHIRE PUDDING!

**£16.00**

**WE WILL NOT BE ABLE TO DO A SMALLER PORTION AS IT IS A SET SIZE.**

**BOOKINGS A MUST FOR SUNDAY'S TO AVOID DISAPPOINTMENT!**

**GUEST'S WITH ALLERGIES & INTOLERANCE**

PLEASE MAKE A MEMBER OF THE TEAM AWARE BEFORE PLACING AN ORDER FOR FOOD OR DRINK.  
NOTE THAT ALL OF OUR DISHES ARE PREPARED IN A KITCHEN WHERE CROSS CONTAMINATION CAN OCCUR. OUR KITCHEN DOES CONTAIN NUTS AND WE CANNOT GUARANTEE AN ALLERGEN FREE ENVIRONMENT, OUR MENU DESCRIPTIONS DO NOT CONTAIN ALL INGREDIENTS

GF\* - GLUTEN FREE OPTION AVAILABLE  
 VE\* VEGAN OPTION AVAILABLE  
 DF\* DAIRY FREE OPTION AVAILABLE  
 V\* VEGETARIAN OPTION AVAILABLE

PLEASE ASK A MEMBER OF STAFF FOR  
 ABOUT THE OPTION AND SPECIFY  
 YOUR ALLERGY/DIETARY  
 REQUIREMENTS TO ENSURE OUR  
 CHEFS GIVE YOU EXACTLY WHAT YOU  
 NEED :)

PLEASE NOTE OUR FRIES ARE COOKED  
 IN THE SAME OIL AS OTHER GLUTEN  
 PRODUCTS.

WINES & FIZZ

	125ml	175ml	250ml	Bottle
<b>WHITE</b>				
PINOT GRIGIO	£4.60	£5.40	£6.75	£20.00
CHARDONNAY	£4.60	£5.40	£6.75	£20.00
SAUVIGNON BLANC	£4.60	£5.40	£6.75	£20.00
CHENIN BLANC	£4.60	£5.40	£6.75	£20.00
<b>RED</b>				
MERLOT	£4.60	£5.40	£6.75	£20.00
SHIRAZ	£4.60	£5.40	£6.75	£20.00
RIOJA	£5.50	£6.95	£7.95	£24.00
MALBEC	-	-	-	£27.00
<b>ROSE</b>				
BLUSH	£4.60	£5.40	£6.75	£20.00
ZINFANDEL	£4.60	£5.40	£6.75	£20.00
PROSECCO	£6.50			£25.00

DRAUGHT BEER & SPIRITS

	<u>PINT</u>
CARLING	£5.10
MADRI	£5.40
STELLA ARTOIS	£5.40
MORETTI	£5.90
HEINEKEN	£5.30
GUINNESS	£5.10
ALES FROM	£4.20
NECK OIL	£6.50
GUEST CRAFT	£6.00
STRONGBOW	£4.90
STRONGBOW DARK FRUITS	£5.10
OLD ROSIE STILL CIDER	£5.60
	<u>25ml</u>
GIN	£3.40
RUM	£3.40
VODKA	£3.40
WHISKY	£3.40
<u>LUXURY HOT DRINKS</u>	<u>25ml with drink</u>
IRISH COFFEE	£6.95
SPICED RUM HOT CHOCOLATE	£6.95
BAILEYS LATTE	£6.95
BAILEYS HOT CHOCOLATE	£6.95

# SWEET TREATS

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## BELGIAN WAFFLE

Warm & Sugary Dessert Waffle with Scoops of Vanilla Ice Cream, Strawberries & Caramel Sauce **£6.50**

## BISCOFF CHEESECAKE!

Our Most Popular Sweet Choice...Served with Ice Cream, Biscoff Crumb & Proper Biscoff Sauce **£6.50**

## LEMON TART

Zingy & Fresh individual Lemon Tart with Crushed Meringue, Crushed Dried Raspberries & Raspberry Coulis **£6.50**

## TRILLIONAIRES CHEESECAKE (DF\*, VE\*)

Vegan Chocolate & Caramel Cheesecake with Fresh Strawberries & Vegan Ice Cream **£6.50**

## STICKY TOFFEE PUDDING

Traditional Sweet Toffee Sponge with Toffee Sauce & Scoops of Vanilla Ice Cream **£6.50**

## HOT CHOCOLATE BROWNIE (GF\*)

With Chocolate Sauce & Chocolate Ice cream **£6.50**

## SELECTION OF ICE CREAM (GF\*) -3 Scoops

**£4.00 each**

Vanilla

Vegan Vanilla

Chocolate

Strawberry

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## HOT DRINKS

Cappuccino	£2.60	Mochaccino	£2.60
Latte	£2.60	Tea	£2.40
White Coffee	£2.40	Flavoured Tea	£2.60
Americano	£2.40	Hot Chocolate	£2.60
Espresso	£2.20		