

THE ROSE & CROWN

Food Served Daily Mon-Sat 11:30am-3.00pm/5pm-8:30pm
All Day Sunday 11:30am-8:30pm

BAGUETTES ONLY SERVED UNTIL 3PM

WARM BAGUETTE SERVED WITH RED ONION SLAW, PICKLED VEG, MIXED LEAVES & HOUSE DRESSING

ADD SMALL FRIES £3.00 ADD LOADED FRIES £4.50

CLASSIC CAJUN CHICKEN (GF*)

Our Famous Creamy Cajun Chicken £10.50
with Mushrooms & Crispy Onion
Add Cheese £1.00

MESSY RUMP STEAK (DF*)

Thin Slices of Local Rump Steak, Red £11.50
Onion & Mushrooms Topped with
Brisket Gravy
Add Cheese £1.00

SWEET BBQ CHICKEN (GF*, DF*)

Chicken Breast Slices Covered in a £10.50
Sweet & Sticky BBQ sauce Topped with
Goopy Cheese

ROAST HAM (GF*, DF*)

Thinly Sliced Roast Ham with a Dijon & £9.50
Chive Mayonnaise
Add Cheese £1.00

NEW YORK DELI (GF*)

Peppered Pastrami, Gherkins & £10.50
Monterey Jack with Mild House
Mustard Sauce

BACON & BRIE (GF*)

Generous Slices of Crispy Smoked Bacon, £10.50
Creamy Brie & a Chipotle Cranberry
Sauce

VEGAN MEATBALL SUB (VE*, V*, DF*)

Plant Based Vegan Meatballs with £10.00
Marinara Sauce
Add Cheese (VE*) £1.20

TUNA & CUCUMBER (GF*, DF*)

Tuna Mayonnaise, Cucumber & Pickled £9.50
Vegetables
Add Cheese and Make it a Melt?...£1.00

CAJUN VEGETABLES (GF*, V*)

Our Famous Creamy Cajun Sauce with £10.00
Mixed Roasted Vegetables & Crispy
Onions
Add Cheese £1.00

SIDES

SKIN ON FRIES	£4.50
ONION RINGS	£4.95
SIDE SALAD	£4.00
FRESH VEGETABLES	£4.50
GARLIC BAGUETTE WITH MOZZARELLA	£7.00
GARLIC BAGUETTE WITH TOMATO, CHILLI & MOZZARELLA	£8.00
PEPPERCORN SAUCE	£3.00
CREAMY CAJUN SAUCE	£2.00
BRISKET GRAVY	£2.00

LOADED FRIES £6.95

TEXAS FRIES	
...with Crispy Smoked Bacon, Melted Cheese & BBQ Sauce	
POSH FRIES	
...with Grated & Shaved Parmesan Parsley & Truffle oil	
MIDDLE EASTERN FRIES	
...with Sliced Chicken Shawarma, Mint Yoghurt & Chilli Sauce	
SALT & PEPPER FRIES (V*, VE*, DF*)	
...with Sliced Peppers, Onions & Chillies	

FRESH SALADS

CHICKEN CAESAR SALAD (V*)	£14.50
Classic Caesar Ingredients of Cos Lettuce, Grated & Shaved Parmesan, Sliced Chicken Breast, Crispy Bacon, Anchovies and Baked Croutons	
GREEK SALAD (DF*, GF*, VE*, V*)	£13.50
Another Classic Featuring Olives, Feta, Cucumber, Pickled Red Onion, Cherry Tomatoes & Oregano. Served with Garlic Flatbread Slices	
SHAWARMA SALAD (GF*)	£15.00
Middle Eastern Chicken Shawarma Slices, Pickled Vegetables, Generous Salad Leaf, Yogurt Dressing, Garlic Flatbread & a Touch of Chilli Sauce	
VEGAN BOWL (DF*, GF*, VE*, V*)	£15.00
Mixed Leaf with Vegan Bites, Cherry Tomatoes, Pickled Vegetables, Warmed Flatbread & a Vegan Aioli	

FRESH SOUP (GF*,V*) £6.50

For Today's Fresh Soup, Please ask a Team Member or Check out the Menu Blackboards... Served with a Baguette & Butter

SALT & PEPPER SQUID (DF*) £8.95

Deep Fried Crispy Squid Curls with Salt & Pepper Seasoning and a Pink Peppercorn & Garlic Mayonnaise

BOWL OF NACHOS FOR ONE (GF*,V*,VE*,DF*) £7.00

Oven Baked Crispy Tortilla Chips, Jalapeños, House Salsa, Sour Cream & Chive and Goopy Mozzarella

Add Some Creamy Cajun Chicken £3

CRISPY BEEF (DF*) £8.50

Fried Crispy Local Rump Steak in a Salt & Chilli Seasoning, Crispy Pepper, Chilli & Onion Salad. Served with a Sweet Chilli Sauce Drizzle

GARLIC & CHILLI KING PRAWNS (GF*) £8.95

Large Juicy King Prawns Cooked in Butter, Fresh Chilli, Chilli Flakes & Thinly Sliced Baguette for Dipping

HUMMUS & FLAT BREAD (GF*,DF*,V*,VE*) £6.95

For the Flavour of Today's Hummus, Please ask one of the Team... Served with Marinated Olives & Grilled Garlic Flat Bread

VEGAN BITE TACO (DF*,VE*,V*) £6.95

Served with a Chipotle BBQ Sauce & Vegan Aioli

GRILLED HALLOUMI & CHORIZO £7.95

Grilled Marinated Halloumi Slices with Crispy Wafer Thin Chorizo. Served with Leaves & House Salsa

KIDS CORNER

(CHILDREN UNDER 12YRS ONLY)

CHICKEN GOUJONS (DF*) £6.50

Crispy Coated Chicken Goujons with Fries & Heinz Baked Beans

MINI FISH (DF*) £7.00

Mini battered Haddock Fillet with Fries & Mushy Peas

MINI BANGERS (DF*) £6.50

Local Pork Sausage, Crispy Fries & Brisket Gravy

VEGAN MEATBALL PASTA (V*, VE*, DF*) £6.50

Plant Based Meatballs in a Tomato Pasta Sauce with Flatbread Slices

ROAST DINNER (SUNDAYS ONLY) £7.50

Choice of Meats with Fresh Vegetables, Roasties, Gravy & Yorkshire Pudding

SUNDAY ROAST!

10 HOUR SLOW COOKED BEEF BRISKET & BRISKET GRAVY IS AVAILABLE EVERY WEEK ALONGSIDE ONE OTHER OPTION, PLEASE SEE SPECIAL BOARDS.

VEGAN NUT ROAST & VEGAN GRAVY ALTERNATIVE IS ALSO AVAILBLE EVERY SUNDAY

YOUR ROAST DINNER WILL BE SERVED WITH PROPER CRISPY ROASTIES, CREAMY MASH, FRESH SEASONAL VEGETABLES & A MONSTER YORKSHIRE PUDDING!

£16.00

UNFORTUNATELY WE ARE UNABLE TO DO SMALLER PORTIONS AS IT IS A SET SIZE

SUNDAY ROAST SIDES

CUMBERLAND SAUSAGE STUFFING WITH CHESTNUTS, APPLE & FRESH SAGE **£3.00**

CAULIFLOWER CHEESE **£3.00**

SPRING GREENS, MIXED GREEN VEGETABLES, ROASTED HAZELNUTS & CRISPY BACON **£3.00**

BOOKINGS ARE A MUST FOR SUNDAY'S TO AVOID DISAPPOINTMENT!

FRESH MUSSELS (GF*) £18.50

A Large Bowl of Fresh Mussels Served with a Freshly Baked Half Baguette & Topped with Skin on Fries

Choose your sauce...

- Tomato, Fresh Chilli & Oregano (DF*)
or...
- White Wine, Cream, Shallot & Fresh Sliced Garlic

CREAMY CAJUN CHICKEN (GF*) £17.00

Ulverston's Best Kept Secret...Sliced Chicken Breast, Mushrooms & Onions in a Creamy Cajun Spiced Sauce Topped with Crispy Onions. Served with Lemon & Chive Rice
Add fries £1.50

Add flatbread £1

(Smaller portion £14)

CAJUN VEGETABLES (GF*, V*) £16.00

Mixed Green Vegetables, Baby Corn, Peppers, Mushrooms & Onions in the Famous Sauce Topped with Crispy Onions. Served with Lemon & Chive Rice

Add fries £1.50

Add flatbread £1

(Smaller portion £13)

PROPER BATTERED FISH (DF*) £17.95

Fresh from Fleetwood Fish Market... a Haddock Fillet in Crispy Batter. Served with House Tarter, Lemon, Mushy Peas & Skin on Fries

(Smaller portion £14)

PANKO CAJUN CHICKEN BURGER £16.95

Butterflied Chicken Breast Coated in a Crispy Japanese Panko Crumb. Served in Brioche with Slaw, Tomato & Pickled Vegetables. Topped with Cajun Sauce! Served with Crispy Onion Rings & Skin on Fries...

STEAK & ALE PIE £17.00

Slow Cooked & Tender Braising Steak Slices Cooked in Fresh Thyme & Local Ale. Topped with Shortcrust Pastry, Served in Proper Gravy with Fresh Vegetables & Skin on Fries

VEGAN MEATBALL PASTA (V*, VE*, DF*) £16.00

Specially Sourced Plant Based Meatballs Served on Penne Pasta in a Tomato, Garlic, Oregano & Fresh Chilli Sauce. Topped with Vegan Cheese & Served with a Crusty Baguette

FISH SPECIALS AVAILABLE DAILY

Please see our specials board for our fish options!

ROSE BURGER (DF*) £16.00

4oz Steak Mince Burger Patty Topped with Crispy Smoked Bacon & Monterey Jack Cheese. Served in Brioche with Leaves, Tomato, Pickled Red Onions, Gherkins & House Burger Sauce with Crispy Onion Rings, House Salsa & Skin on Fries

SIRLOIN STEAK (GF*,DF*) £25.00

10oz Local Sirloin Cooked with Butter & Fresh Garlic. Served with Roasted Tomato & Flat Mushroom, Crispy Onion Rings & Skin on Fries.

Cooked to your liking

Add Peppercorn Sauce £3

Add Creamy Cajun Sauce £2

Add Brisket Gravy £2

GAMMON STEAK (GF*,DF*) £18.00

16oz Gammon Steak Simply Cooked & Served with Roasted Tomatoes & Flat Mushrooms.

Topped with Fried Eggs & Served with House Salad & Skin on Fries

Add Panko Pineapple £2

FALAFEL & HALLOUMI BURGER (VE*, V*,DF*) £17.00

Specially Sourced Falafel Patty Topped with Marinated Grilled Halloumi. Served in Brioche with Leaves, Tomato, Pickled Veg and Hummus of The Day. Served with Crispy Onion Rings & Skin on Fries

STIR-FRY OF THE DAY (V*,VE*, DF*)

PLEASE SEE THE SPECIALS BOARD FOR TODAY'S STIR-FRY!

What we are Famous For... Peppers, Mushrooms, Onion, Pak Choi, Baby Corn & Mixed Greens, Cashews & Black Sesame, Stir Fried with a Special Cantonese Sauce. Served with Skin on Fries and a Lemon & Chive Rice.

(Smaller portion available)

UPGRADE ANY MAIN TO LOADED FRIES

£4.00

GUEST'S WITH ALLERGIES & INTOLERANCES

PLEASE MAKE A MEMBER OF THE TEAM
AWARE BEFORE PLACING AN ORDER
FOR FOOD OR DRINK.

NOTE THAT ALL OF OUR DISHES ARE
PREPARED IN A KITCHEN WHERE
CROSS CONTAMINATION CAN OCCUR.
OUR KITCHEN DOES CONTAIN NUTS
AND WE CANNOT GUARANTEE AN
ALLERGEN FREE ENVIRONMENT, OUR
MENU DESCRIPTIONS DO NOT
CONTAIN ALL INGREDIENTS

GF* - GLUTEN FREE OPTION AVAILABLE

VE* VEGAN OPTION AVAILABLE

DF* DAIRY FREE OPTION AVAILABLE

V* VEGETARIAN OPTION AVAILABLE

PLEASE ASK A MEMBER OF STAFF
ABOUT THE OPTION AND SPECIFY
YOUR ALLERGY/DIETARY

REQUIREMENTS TO ENSURE OUR
CHEFS GIVE YOU EXACTLY WHAT YOU
NEED :)

PLEASE NOTE OUR FRIES ARE COOKED
IN THE SAME OIL AS OTHER GLUTEN
PRODUCTS.

WINES & FIZZ

	125ml	175ml	250ml	Bottle
<i>WHITE</i>				
PINOT GRIGIO	£4.60	£5.40	£6.75	£20.00
CHARDONNAY	£4.60	£5.40	£6.75	£20.00
SAUVIGNON BLANC	£4.60	£5.40	£6.75	£20.00
CHENIN BLANC	£4.60	£5.40	£6.75	£20.00
<i>RED</i>				
MERLOT	£4.60	£5.40	£6.75	£20.00
SHIRAZ	£4.60	£5.40	£6.75	£20.00
RIOJA	£5.50	£6.95	£7.95	£24.00
MALBEC	£5.60	£7.00	£8.10	£27.00
<i>ROSE</i>				
BLUSH	£4.60	£5.40	£6.75	£20.00
ZINFANDEL	£4.60	£5.40	£6.75	£20.00
PROSECCO	£6.50			£25.00

DRAUGHT BEER & SPIRITS

	<u>PINT</u>
UNFILTERED PILSNER	£5.10
MADRI	£5.50
HELLES	£5.50
MORETTI	£5.95
HEINEKEN	£5.50
GUINNESS	£5.20
ALES FROM	£4.30
NECK OIL	£6.50
GUEST CRAFT	£6.10
STRONGBOW	£5.00
STRONGBOW DARK FRUITS	£5.15
OLD ROSIE STILL CIDER	£5.70

	<u>25ml</u>
GIN	£3.40
RUM	£3.40
VODKA	£3.40
WHISKY	£3.40

<u>LUXURY HOT DRINKS</u>	<u>25ml with drink</u>
IRISH COFFEE	£7.00
SPICED RUM HOT CHOCOLATE	£7.00
BAILEYS LATTE	£7.00
BAILEYS HOT CHOCOLATE	£7.00

SWEET TREATS

BELGIAN WAFFLE

Warm & Sugary Dessert Waffle with a Scoop of Vanilla Ice Cream, & Caramel Sauce **£6.50**

BISCOFF CHEESECAKE!

Our Most Popular Sweet Choice... Served with Ice Cream, Biscoff Crumb & Proper Biscoff Sauce **£6.50**

LEMON TART

Zingy & Fresh individual Lemon Tart with Crushed Meringue & Raspberry Coulis **£6.50**

CHOCOLATE CHIP & ORANGE PUDDING

(DF*, VE*, V*)

With Chocolate Sauce & Vanilla Ice Cream **£6.50**

STICKY TOFFEE PUDDING

Traditional Sweet Toffee Sponge with Toffee Sauce & a Scoop of Vanilla Ice Cream **£6.50**

HOT CHOCOLATE BROWNIE (GF*)

With Chocolate Sauce & Chocolate Ice cream **£6.50**

ENGLISH LAKES ICE CREAM (GF*)

1 Scoop £2 ~ 2 Scoops £3 ~ 3 Scoops £4

Vanilla

Chocolate

Strawberry

Vegan Vanilla (VE*, DF*)

HOT DRINKS

Cappuccino	£2.60	Mocha	£2.60
Latte	£2.60	Tea	£2.40
White Coffee	£2.40	Flavoured Tea	£2.60
Americano	£2.40	Hot Chocolate	£2.60
Espresso	£2.20	Double Espresso	£2.80