

THE ROSE & CROWN

Food Served Daily Mon-Sat 11:30am-3.00pm/5pm-8:30pm
All Day Sunday 11:30am-8:30pm

LUNCHTIME HOT & COLD BAGUETTES

<u>BAGUETTES ONLY SERVED UNTIL 3PM</u>	
WARM BAGUETTE SERVED WITH RED ONION SLAW, PICKLED VEG, MIXED LEAVES & HOUSE DRESSING	
ADD SMALL FRIES £3.00 ADD LOADED FRIES £4.50	
CLASSIC CAJUN CHICKEN (GF*)	
Our Famous Creamy Cajun Chicken with Mushrooms & Crispy Onion	£10.50
Add Cheese	£1.00
MESSY RUMP STEAK (DF*)	
Thin Slices of Local Rump Steak, Red Onion & Mushrooms Topped with Brisket Gravy	£11.50
Add Cheese	£1.00
SWEET BBQ CHICKEN (GF*, DF*)	
Chicken Breast Slices Covered in a Sweet & Sticky BBQ sauce Topped with Goopy Cheese	£10.50
ROAST HAM (GF*, DF*)	
Thinly Sliced Roast Ham with a Dijon & Chive Mayonnaise	£9.50
Add Cheese	£1.00
NEW YORK DELI (GF*)	
Peppered Pastrami, Gherkins & Monterey Jack with Mild House Mustard Sauce	£10.50
BACON & BRIE (GF*)	
Generous Slices of Crispy Smoked Bacon, Creamy Brie & a Chipotle Cranberry Sauce	£10.50
VEGAN MEATBALL SUB (VE*, V*, DF*)	
Plant Based Vegan Meatballs with Marinara Sauce	£10.00
Add Cheese (VE*)	£1.20
TUNA & CUCUMBER (GF*, DF*)	
Tuna Mayonnaise, Cucumber & Pickled Vegetables	£9.50
Add Cheese and Make it a Melt?...£1.00	
CAJUN VEGETABLES (GF*, V*)	
Our Famous Creamy Cajun Sauce with Mixed Roasted Vegetables & Crispy Onions	£10.00
Add Cheese	£1.00

SIDES	SKIN ON FRIES	£4.50
	ONION RINGS	£4.95
	SIDE SALAD	£4.00
	FRESH VEGETABLES	£4.50
	GARLIC BAGUETTE WITH MOZZARELLA	£7.00
	GARLIC BAGUETTE WITH TOMATO, CHILLI & MOZZARELLA	£8.00
	PEPPERCORN SAUCE	£3.00
	CREAMY CAJUN SAUCE	£2.00
	BRISKET GRAVY	£2.00

LOADED FRIES £6.95	TEXAS FRIES	
	...with Crispy Smoked Bacon, Melted Cheese & BBQ Sauce	
	POSH FRIES	
	...with Grated & Shaved Parmesan Parsley & Truffle oil	
MIDDLE EASTERN FRIES		
...with Sliced Chicken Shawarma, Mint Yoghurt & Chilli Sauce		
SALT & PEPPER FRIES (V*, VE*, DF*)		
...with Sliced Peppers, Onions & Chillies		

FRESH SALADS	CHICKEN CAESAR SALAD (V*)	£14.50
	Classic Caesar Ingredients of Cos Lettuce, Grated & Shaved Parmesan, Sliced Chicken Breast, Crispy Bacon, Anchovies and Baked Croutons	
	GREEK SALAD (DF*, GF*, VE*, V*)	£13.50
	Another Classic Featuring Olives, Feta, Cucumber, Pickled Red Onion, Cherry Tomatoes & Oregano. Served with Garlic Flatbread Slices	
	SHAWARMA SALAD (GF*)	£15.00
	Middle Eastern Chicken Shawarma Slices, Pickled Vegetables, Generous Salad Leaf, Yogurt Dressing, Garlic Flatbread & a Touch of Chilli Sauce	
VEGAN BOWL (DF*, GF*, VE*, V*)	£15.00	
Mixed Leaf with Vegan Bites, Cherry Tomatoes, Pickled Vegetables, Warmed Flatbread & a Vegan Aioli		

FRESH SOUP (GF*,V*) For Today's Fresh Soup, Please ask a Team Member or Check out the Chalkboards... Served with Half a Baguette & Butter	£6.50
SALT & PEPPER SQUID (DF*) Deep Fried Crispy Squid Curls with Salt & Pepper Seasoning and a Pink Peppercorn & Garlic Mayonnaise	£8.95
BOWL OF NACHOS FOR ONE (GF*,V*,VE*,DF*) Oven Baked Crispy Tortilla Chips, Jalapeños, House Salsa, Sour Cream & Chive and Goey Mozzarella Add Some Creamy Cajun Chicken £3	£7.00
CRISPY BEEF (DF*) Fried Crispy Local Rump Steak in a Salt & Chilli Seasoning, Crispy Pepper, Chilli & Onion Salad. Served with a Sweet Chilli Sauce Drizzle	£8.50
GARLIC & CHILLI KING PRAWNS (GF*) Large Juicy King Prawns Cooked in Butter, Fresh Chilli, Chilli Flakes & Thinly Sliced Baguette for Dipping	£8.95
HUMMUS & FLAT BREAD (GF*,DF*,V*,VE*) For the Flavour of Todays Hummus, Please ask one of the Team... Served with Marinated Olives & Grilled Garlic Flat Bread	£6.95
VEGAN BITE TACO (DF*,VE*, V*) Served with a Chipotle BBQ Sauce & Vegan Aioli	£6.95
GRILLED HALLOUMI & CHORIZO Grilled Marinated Halloumi Slices with Crispy Wafer Thin Chorizo. Served with Leaves & House Salsa	£7.95

KIDS CORNER

(CHILDREN UNDER 12YRS ONLY)

CHICKEN GOUJONS (DF*) Crispy Coated Chicken Goujons with Fries & Heinz Baked Beans	£6.50
MINI FISH (DF*) Mini battered Haddock Fillet with Fries & Mushy Peas	£7.00
MINI BANGERS (DF*) Local Pork Sausage, Crispy Fries & Brisket Gravy	£6.50
VEGAN MEATBALL PASTA (V*, VE*, DF*) Plant Based Meatballs in a Tomato Pasta Sauce with Flatbread Slices	£6.50
ROAST DINNER (SUNDAYS ONLY) Choice of Meats with Fresh Vegetables, Roasties, Gravy & Yorkshire Pudding	£7.50

SUNDAY ROAST!

10 HOUR SLOW COOKED BEEF BRISKET & BRISKET GRAVY IS AVAILABLE EVERY WEEK ALONGSIDE ONE OTHER OPTION, PLEASE SEE SPECIAL BOARDS.

VEGAN NUT ROAST & VEGAN GRAVY ALTERNATIVE IS ALSO AVAILBLE EVERY SUNDAY

YOUR ROAST DINNER WILL BE SERVED WITH PROPER CRISPY ROASTIES, CREAMY MASH, FRESH SEASONAL VEGETABLES & A MONSTER YORKSHIRE PUDDING!

£16.00

UNFORTUNATELY WE ARE UNABLE TO DO SMALLER PORTIONS AS IT IS A SET SIZE

SUNDAY ROAST SIDES

CUMBERLAND SAUSAGE STUFFING WITH CHESTNUTS, APPLE & FRESH SAGE £3.00

CAULIFLOWER CHEESE £3.00

SPRING GREENS, MIXED GREEN VEGETABLES, ROASTED HAZELNUTS & CRISPY BACON £3.00

BOOKINGS ARE A MUST FOR SUNDAY'S TO AVOID DISAPPOINTMENT!

THE MAIN COURSE

FRESH MUSSELS (GF*) A Large Bowl of Fresh Mussels Served with a Freshly Baked Half Baguette & Topped with Skin on Fries Choose your sauce... • Tomato, Fresh Chilli & Oregano (DF*) or... • White Wine, Cream, Shallot & Fresh Sliced Garlic	£18.50
CREAMY CAJUN CHICKEN (GF*) Ulverston's Best Kept Secret...Sliced Chicken Breast, Mushrooms & Onions in a Creamy Cajun Spiced Sauce Topped with Crispy Onions. Served with Lemon & Chive Rice Add fries £1.50 Add flatbread £1 (Smaller portion £14)	£17.00
CAJUN VEGETABLES (GF*, V*) Mixed Green Vegetables, Baby Corn, Peppers, Mushrooms & Onions in the Famous Sauce Topped with Crispy Onions. Served with Lemon & Chive Rice Add fries £1.50 Add flatbread £1 (Smaller portion £13)	£16.00
PROPER BATTERED FISH (DF*) Fresh from Fleetwood Fish Market... a Haddock Fillet in Crispy Batter. Served with House Tarter, Lemon, Mushy Peas & Skin on Fries (Smaller portion £14)	£17.95
PANKO CAJUN CHICKEN BURGER Butterflied Chicken Breast Coated in a Crispy Japanese Panko Crumb. Served in Brioche with Slaw, Tomato & Pickled Vegetables. Topped with Cajun Sauce! Served with Crispy Onion Rings & Skin on Fries...	£16.95
STEAK & ALE PIE Slow Cooked & Tender Braising Steak Slices Cooked in Fresh Thyme & Local Ale. Topped with Shortcrust Pastry, Served in Proper Gravy with Fresh Vegetables & Skin on Fries	£17.00
VEGAN MEATBALL PASTA (V*, VE*, DF*) Specially Sourced Plant Based Meatballs Served on Penne Pasta in a Tomato, Garlic, Oregano & Fresh Chilli Sauce. Topped with Vegan Cheese & Served with a Crusty Baguette	£16.00

FISH SPECIALS AVAILABLE DAILY
Please see our specials board for our fish options!

ROSE BURGER (DF*) 4oz Steak Mince Burger Patty Topped with Crispy Smoked Bacon & Monterey Jack Cheese. Served in Brioche with Leaves, Tomato, Pickled Red Onions, Gherkins & House Burger Sauce with Crispy Onion Rings, House Salsa & Skin on Fries	£16.00
SIRLOIN STEAK (GF*,DF*) 10oz Local Sirloin Cooked with Butter & Fresh Garlic. Served with Roasted Tomato & Flat Mushroom, Crispy Onion Rings & Skin on Fries. Cooked to your liking Add Peppercorn Sauce £3 Add Creamy Cajun Sauce £2 Add Brisket Gravy £2	£25.00
GAMMON STEAK (GF*,DF*) 16oz Gammon Steak Simply Cooked & Served with Roasted Tomatoes & Flat Mushrooms. Topped with Fried Eggs & Served with House Salad & Skin on Fries Add Panko Pineapple £2	£18.00
FALAFEL & HALLOUMI BURGER (VE*, V*,DF*) Specially Sourced Falafel Patty Topped with Marinated Grilled Halloumi. Served in Brioche with Leaves, Tomato, Pickled Veg and Hummus of The Day. Served with Crispy Onion Rings & Skin on Fries	£17.00
STIR-FRY OF THE DAY (V*,VE*, DF*) <u>PLEASE SEE THE SPECIALS BOARD FOR TODAY'S STIR-FRY!</u> What we are Famous For... Peppers, Mushrooms, Onion, Pak Choi, Baby Corn & Mixed Greens, Cashews & Black Sesame. Served with Skin on Fries and a Lemon & Chive Rice. (Smaller portion available)	

UPGRADE ANY MAIN TO LOADED FRIES
£4.00

GUEST'S WITH ALLERGIES & INTOLERANCES

PLEASE MAKE A MEMBER OF THE TEAM AWARE BEFORE PLACING AN ORDER FOR FOOD OR DRINK. NOTE THAT ALL OF OUR DISHES ARE PREPARED IN A KITCHEN WHERE CROSS CONTAMINATION CAN OCCUR. OUR KITCHEN DOES CONTAIN NUTS AND WE CANNOT GUARANTEE AN ALLERGEN FREE ENVIRONMENT, OUR MENU DESCRIPTIONS DO NOT CONTAIN ALL INGREDIENTS

GF* - GLUTEN FREE OPTION AVAILABLE

VE* VEGAN OPTION AVAILABLE

DF* DAIRY FREE OPTION AVAILABLE

V* VEGETARIAN OPTION AVAILABLE

PLEASE ASK A MEMBER OF STAFF ABOUT THE OPTION AND SPECIFY YOUR ALLERGY/DIETARY REQUIREMENTS TO ENSURE OUR CHEFS GIVE YOU EXACTLY WHAT YOU NEED :)

PLEASE NOTE OUR FRIES ARE COOKED IN THE SAME OIL AS OTHER GLUTEN AND NON-VEGAN PRODUCTS.

WINES & FIZZ

	125ml	175ml	250ml	Bottle
<u>WHITE</u>				
PINOT GRIGIO	£4.80	£5.50	£6.95	£21.00
CHARDONNAY	£4.80	£5.50	£6.95	£21.00
SAUVIGNON BLANC	£4.80	£5.50	£6.95	£21.00
CHENIN BLANC	£4.80	£5.50	£6.95	£21.00
<u>RED</u>				
MERLOT	£4.80	£5.50	£6.95	£21.00
SHIRAZ	£4.80	£5.50	£6.95	£21.00
RIOJA	£5.50	£6.95	£7.95	£24.00
MALBEC	£5.60	£7.00	£8.10	£27.00
<u>ROSE</u>				
BLUSH	£4.80	£5.50	£6.95	£21.00
ZINFANDEL	£4.80	£5.50	£6.95	£21.00
PROSECCO	£6.50			£25.00

HOT DRINKS

WHITE COFFEE	£2.50
AMERICANO	£2.50
FLAT WHITE	£2.70
CAPPUCCINO	£2.70
LATTE	£2.70
ESPRESSO	£2.50
DOUBLE ESPRESSO	£3.60
MOCHA	£2.70
HOT CHOCOLATE	£2.70
TEA	£2.50
FLAVOURED TEA	£2.70
IRISH COFFEE	£7.00
SPICED RUM HOT CHOCOLATE	£7.00
BAILEYS LATTE	£7.00
BAILEYS HOT CHOCOLATE	£7.00

ADD AN EXTRA SHOT TO YOUR COFFEE
£1.00

DRAUGHT BEER & SPIRITS

	<u>PINT</u>
UNFILTERED PILSNER	£5.10
MADRI	£5.50
HELLES	£5.50
MORETTI	£5.95
HEINEKEN	£5.50
GUINNESS	£5.40
ALES	from £4.40
NECK OIL	£6.50
GUEST CRAFT	£6.10
STRONGBOW	£5.00
STRONGBOW DARK FRUITS	£5.15
OLD ROSIE STILL CIDER	£5.70
	<u>25ml</u>
GIN	from £3.60
RUM	from £3.50
VODKA	from £3.50
WHISKY	from £3.60

SWEET TREATS

BELGIAN WAFFLE

Warm & Sugary Dessert Waffle with a Scoop of Vanilla Ice Cream, £6.50
& Caramel Sauce

BISCOFF CHEESECAKE!

Our Most Popular Sweet Choice... Served with Ice £6.50
Cream, Biscoff Crumb & Proper Biscoff Sauce

LEMON TART

Zingy & Fresh individual Lemon Tart with Crushed £6.50
Meringue & Raspberry Coulis

CHOCOLATE CHIP & ORANGE PUDDING

(DF*, VE*, V*) £6.50
With Chocolate Sauce & Vanilla Ice Cream

STICKY TOFFEE PUDDING

Traditional Sweet Toffee Sponge with Toffee £6.50
Sauce & a Scoop of Vanilla Ice Cream

HOT CHOCOLATE BROWNIE (GF*)

With Chocolate Sauce & Chocolate Ice cream £6.50

ENGLISH LAKES ICE CREAM (GF*)

1 Scoop £2 ~ 2 Scoops £3 ~ 3 Scoops £4

Vanilla

Chocolate

Strawberry

Vegan Vanilla (VE*, DF*)

HOT DRINKS

Cappuccino	£2.60	Mocha	£2.60
Latte	£2.60	Tea	£2.40
White Coffee	£2.40	Flavoured Tea	£2.60
Americano	£2.40	Hot Chocolate	£2.60
Espresso	£2.20	Double Espresso	£2.80