THE ROSE & CROWN

Food Served Daily Mon-Sat 11:30am-3.00pm/5pm-8:30pm All Day Sunday 11:30am-8:30pm

LUNCHTIME HOT & COLD BAGUETTES	BAGUETTES ONLY SERVED UNTIL 3PM ARM BAGUETTE SERVED WITH RED ONION SLAW VEG, MIXED LEAVES & HOUSE DRESSING ADD SMALL FRIES £3.00 ADD LOADED FRIES CLASSIC CAJUN CHICKEN (GF*) Our Famous Creamy Cajun Chicken with Mushrooms & Crispy Onion Add Cheese £1.00	, PICKLED	LOADED FRIES £6.95 SIDES	SKIN ON FRIES ONION RINGS SIDE SALAD FRESH VEGETABLES GARLIC BAGUETTE WITH MOZZARELLA GARLIC BAGUETTE WITH TOMATO, CHILLI & MOZZARELLA	£4.50 £4.95 £4.00 £4.50 £7.00 £8.00
	MESSY RUMP STEAK (DF*) Thin Slices of Local Rump Steak, Red Onion & Mushrooms Topped with Brisket Gravy Add Cheese £1.00	£11.50		PEPPERCORN SAUCE CREAMY CAJUN SAUCE BRISKET GRAVY	£3.00 £2.00 £2.00
	SWEET BBQ CHICKEN (GF*, DF*) Chicken Breast Slices Covered in a Sweet & Sticky BBQ sauce Topped with Gooey Cheese	£10.50		TEXAS FRIES with Crispy Smoked Bacon, Melted Cheese & BBQ Sauce POSH FRIES with Grated & Shaved Parmesan Parsley	
	ROAST HAM (GF*, DF*) Thinly Sliced Roast Ham with a Dijon & Chive Mayonnaise Add Cheese £1.00	£9.50		& Truffle oil MIDDLE EASTERN FRIES with Sliced Chicken Shawarma, Mint Yoghurt & Chilli Sauce SALT & PEPPER FRIES (V*, VE*, DF*)	
	NEW YORK DELI (GF*) Peppered Pastrami, Gherkins & Monterey Jack with Mild House Mustard	£10.50		with Sliced Peppers, Onions & Chillies	
	Sauce BACON & BRIE (GF*) Generous Slices of Crispy Smoked Bacon, Creamy Brie & a Chipotle Cranberry Sauce	£10.50		CHICKEN CAESAR SALAD (V*) Classic Caesar Ingredients of Cos Lettuce, Grated & Shaved Parmesan, Sliced Chicken Breast, Crispy Bacon, Anchovies and Baked Croutons GREEK SALAD (DF*,GF*,VE*,V*)	£14.50
	VEGAN MEATBALL SUB (VE*, V*, DF*) Plant Based Vegan Meatballs with Marinara Sauce Add Cheese (VE*) £1.20	£10.00	FRESH SALADS	Another Classic Featuring Olives, Feta, Cucumber, Pickled Red Onion, Cherry Tomatoes & Oregano. Served with Garlic Flatbread Slices	£13.50
	TUNA & CUCUMBER (GF*, DF*) Tuna Mayonnaise, Cucumber & Pickled Vegetables Add Cheese and Make it a Melt?£1.00	£9.50		SHAWARMA SALAD (GF*) Middle Eastern Chicken Shawarma Slices, Pickled Vegetables, Generous Salad Leaf, Yogurt Dressing, Garlic Flatbread & a Touch of Chilli Sauce	£15.00
	CAJUN VEGETABLES (GF*,V*) Our Famous Creamy Cajun Sauce with Mixed Roasted Vegetables & Crispy Onions Add Cheese £1.00	£10.00		VEGAN BOWL (DF*,GF*,VE*,V*) Mixed Leaf with Vegan Bites, Cherry Tomatoes, Pickled Vegetables, Warmed Flatbread & a Vegan Aioli	£15.00

KIDS CORNER (CHILDREN UNDER 12YRS ONLY)

FRESH SOUP (GF*,V*) For Today's Fresh Soup, Please ask a	£6.50	CHICKEN GOUJONS (DF*) Crispy Coated Chicken Goujons with Fries & Heinz Baked Beans	£6.50
Team Member or Check out the Chalkboards Served with Half a Baguette & Butter		MINI FISH (DF*) Mini battered Haddock Fillet with Fries & Mushy Peas	£7.00
SALT & PEPPER SQUID (DF*) Deep Fried Crispy Squid Curls with Salt & Pepper Seasoning and a Pink Peppercorn & Garlic Mayonnaise	£8.95	MINI BANGERS (DF*) Local Pork Sausage, Crispy Fries & Brisket Gravy	£6.50
BOWL OF NACHOS FOR ONE (GF*,V*,VE*,DF*) Oven Baked Crispy Tortilla Chips,	£7.00	VEGAN MEATBALL PASTA (V*, VE*, DF*) Plant Based Meatballs in a Tomato Pasta Sauce with Flatbread Slices	£6.50
Jalapeños, House Salsa, Sour Cream & Chive and Gooey Mozzarella Add Some Creamy Cajun Chicken £3		ROAST DINNER (SUNDAYS ONLY) Choice of Meats with Fresh Vegetables, Roasties, Gravy & Yorkshire Pudding	£7.50
CRISPY BEEF (DF*)	£8.50		
Fried Crispy Local Rump Steak in a Salt & Chilli Seasoning, Crispy Pepper, Chilli & Onion Salad. Served with a Sweet Chilli Sauce Drizzle		SUNDAY ROA	<u>ST!</u>
GARLIC & CHILLI KING PRAWNS (GF*)	£8.95	10 HOUR SLOW COOKED BEEF BRISKI GRAVY IS AVAILABLE EVERY WEEK AL OTHER OPTION, PLEASE SEE SPECIA	ongside one
Large Juicy King Prawns Cooked in Butter, Fresh Chilli, Chilli Flakes & Thinly Sliced Baguette for Dipping		VEGAN NUT ROAST & VEGAN GRAVY A ALSO AVALIBLE EVERY SUNI	
HUMMUS & FLAT BREAD (GF*,DF*,V*,VE*) For the Flavour of Todays Hummus,	£6.95	YOUR ROAST DINNER WILL BE SERVED CRISPY ROASTIES, CREAMY MASH, FRE VEGETABLES & A MONSTER YORKSHIRE PUDI	ESH SEASONAL
Please ask one of the Team Served with Marinated Olives & Grilled Garlic Flat Bread		<u>£16.00</u>	
		UNFORTUNATELY WE ARE UNA	ABLE TO DO
VEGAN BITE TACO (DF*,VE*, V*) Served with a Chipotle BBQ Sauce &	£6.95	SMALLER PORTIONS AS IT IS A	A SET SIZE
Vegan Aioli		SUNDAY ROAST SIDE	
GRILLED HALLOUMI & CHORIZO Grilled Marinated Halloumi Slices	£7.95	APPLE & FRESH SAGE £3.0	
with Crispy Wafer Thin Chorizo. Served with Leaves & House Salsa		CAULIFLOWER CHEESE £3.	00
		SPRING GREENS, MIXED GREEN VEO ROASTED HAZELNUTS & CRISPY BA	
		BOOKINGS ARE A MUST FOR SUNDA	<u>AY'S TO AVOI</u> D
		DISAPPOINTMENT!	

 FRESH MUSSELS (GF*) A Large Bowl of Fresh Mussels Served with a Freshly Baked Half Baguette & Topped with Skin on Fries Choose your sauce Tomato, Fresh Chilli & Oregano (DF*) or White Wine, Cream, Shallot & Fresh Sliced Garlic 	£18.50		4oz Steak Mince Burger Patty Topped with Crispy Smoked Bacon & Monterey Jack Cheese. Served in Brioche with Leaves, Tomato, Pickled Red Onions, Gherkins & House Burger Sauce with Crispy Onion Rings, House Salsa & Skin on Fries	£16.00
CREAMY CAJUN CHICKEN (GF*) Ulverston's Best Kept SecretSliced Chicken Breast, Mushrooms & Onions in a Creamy Cajun Spiced Sauce Topped with Crispy Onions. Served with Lemon & Chive Rice Add fries £1.50 Add flatbread £1 (Smaller portion £14)	£17.00		SIRLOIN STEAK (GF*,DF*) 10oz Local Sirloin Cooked with Butter & Fresh Garlic. Served with Roasted Tomato & Flat Mushroom, Crispy Onion Rings & Skin on Fries. Cooked to your liking Add Peppercorn Sauce £3	£25.00
CAJUN VEGETABLES (GF*, V*) Mixed Green Vegetables, Baby Corn, Peppers, Mushrooms & Onions in the Famous Sauce Topped with Crispy Onions. Served with	£16.00		Add Creamy Cajun Sauce £2 Add Brisket Gravy £2	
Lemon & Chive Rice Add fries £1.50 Add flatbread £1 (Smaller portion £13)		T	GAMMON STEAK (GF*,DF*) 16oz Gammon Steak Simply Cooked & Served with Roasted Tomatoes & Flat Mushrooms. Topped with Fried Eggs & Served with House	£18.00
PROPER BATTERED FISH (DF*) Fresh from Fleetwood Fish Market a Haddock Fillet in Crispy Batter. Served with House Tarter, Lemon, Mushy Peas & Skin on Fries (Smaller portion £14)	£17.95	I THE GRIL	Salad & Skin on Fries Add Panko Pineapple £2 FALAFEL & HALLOUMI BURGER (VE*, V*,DF*) Specially Sourced Falafel Patty Topped with	£17.00
PANKO CAJUN CHICKEN BURGER Butterflied Chicken Breast Coated in a Crispy Japanese Panko Crumb. Served in Brioche with Slaw, Tomato & Pickled Vegetables. Topped with Cajun Sauce! Served with Crispy Onion Rings & Skin on Fries	£16.95	FROM	Marinated Grilled Halloumi. Served in Brioche with Leaves, Tomato, Pickled Veg and Hummus of The Day. Served with Crispy Onion Rings & Skin on Fries	
			STIR-FRY OF THE DAY (V*,VE*, DF*)	
STEAK & ALE PIE Slow Cooked & Tender Braising Steak Slices Cooked in Fresh Thyme & Local Ale. Topped with Shortcrust Pastry, Served in Proper Gravy with Fresh Vegetables & Skin on Fries	£17.00		PLEASE SEE THE SPECIALS BOARD FOR TODAY'S STIR- FRY! What we are Famous For Peppers, Mushrooms, Onion, Pak Choi, Baby Corn & Mixed Greens,	
VEGAN MEATBALL PASTA (V*, VE*, DF*) Specially Sourced Plant Based Meatballs Served of Penne Pasta in a Tomato, Garlic, Oregano & Fresh Chilli Sauce. Topped with Vegan Cheese & Served with a Crusty Baguette	ı		Cashews & Black Sesame. Served with Skin on Fries and a Lemon & Chive Rice. (Smaller portion available)	
FISH SPECIALS AVAILABLE DAILY Please see our specials board for our fis options!	sh		<u>UPGRADE ANY MAIN TO LOADED FR</u> <u>£4.00</u>	<u>IES</u>

THE MAIN COURSE

GUEST'S WITH ALLERGIES &
INTOLERANCES

PLEASE MAKE A MEMBER OF THE TEAM AWARE BEFORE PLACING AN ORDER FOR FOOD OR DRINK. NOTE THAT ALL OF OUR DISHES ARE PREPARED IN A KITCHEN WHERE CROSS CONTAMINATION CAN OCCUR. OUR KITCHEN DOES CONTAIN NUTS AND WE CANNOT GUARANTEE AN ALLERGEN FREE ENVIRONMENT, OUR MENU DESCRIPTIONS DO NOT CONTAIN ALL INGREDIENTS

> GF* - GLUTEN FREE OPTION AVAILABLE **VE* VEGAN OPTION AVAILABLE** DF* DAIRY FREE OPTION AVAILABLE V* VEGETARIAN OPTION AVAILABLE

PLEASE ASK A MEMBER OF STAFF ABOUT THE OPTION AND SPECIFY YOUR ALLERGY/DIETARY REQUIREMENTS TO ENSURE OUR CHEFS GIVE YOU EXACTLY WHAT YOU NEED :)

PLEASE NOTE OUR FRIES ARE COOKED IN THE SAME OIL AS OTHER GLUTEN AND NON-VEGAN PRODUCTS.

	WHITE	125ml	175ml	250ml	Bottle
	PINOT GRIGIO	£4.80	£5.55	£6.95	£22.00
	CHARDONNAY	£4.80	£5.55	£6.95	£22.00
	SAUVIGNON BLANC	£4.80	£5.55	£6.95	£22.00
	CHENIN BLANC	£4.80	£5.55	£6.95	£22.00
Z	RED				
WINES & FIZZ	MERLOT	£4.80	£5.50	£6.95	£22.00
S Ø	SHIRAZ	£4.80	£5.50	£6.95	£22.00
INE	RIOJA	£5.50	£6.95	£7.95	£24.00
M	MALBEC	£5.60	£7.00	£8.10	£27.00
	ROSE				
	BLUSH	£4.80	£5.55	£7.00	£22.00
	ZINFANDEL	£4.80	£5.55	£7.00	£22.00
	PROSECCO	£6.50			£25.00

				<u>PINT</u>
WHITE COFFEE	£2.50		UNFILTERED PILSNER	£5.10
AMERICANO	£2.50		MADRI	£5.60
FLAT WHITE	£2.70		HELLES	£5.60
CAPPUCCINO	£2.70	S	MORETTI	£6.00
LATTE	£2.70	LI	HEINEKEN	£5.60
ESPRESSO	£2.50	٩IR	GUINNESS	£5.50
DOUBLE ESPRESSO	£3.60	SP	ALES	from £4.50
МОСНА	£2.70	ಬಿ	NECK OIL	£6.50
HOT CHOCOLATE	£2.70	ER	GUEST CRAFT	£6.50
TEA	£2.50	ΒE	STRONGBOW	£5.00
FLAVOURED TEA	£2.70	T I	STRONGBOW DARK FRUITS	£5.15
			OLD ROSIE STILL CIDER	£5.80
		DRAUGH		
IRISH COFFEE	£7.00	Ā		
SPICED RUM HOT CHOCOLATE	£7.00	DR		<u>25ml</u>
BAILEYS LATTE	£7.00		GIN	from £3.70
BAILEYS HOT CHOCOLATE	£7.00		RUM	from £3.70
			VODKA	from £3.70
			WHISKY	from £3.70
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SWEET TREATS

BELGIAN WAFFLE	
Warm & Sugary Dessert Waffle with a Scoop of Vanilla Ice Cream,	£6.50
& Caramel Sauce	
BISCOFF CHEESECAKE!	
Our Most Popular Sweet Choice Served with Ice	£6.50
Cream, Biscoff Crumb & Proper Biscoff Sauce	
LEMON TART	
Zingy & Fresh individual Lemon Tart with Crushed	£6.50
Meringue & Raspberry Coulis	~0.00
CHOCOLATE CHIP & ORANGE PUDDING	
(DF*, VE*,V*)	£6.50
With Chocolate Sauce & Vanilla Ice Cream	£0.30
STICKY TOFFEE PUDDING	
Traditional Sweet Toffee Sponge with Toffee	CG 50
Sauce & a Scoop of Vanilla Ice Cream	£6.50
HOT CHOCOLATE BROWNIE (GF*)	66 50
With Chocolate Sauce & Chocolate Ice cream	£6.50
ENGLISH LAKES ICE CREAM (GF*)	
1 Scoop £2 ~ 2 Scoops £3 ~ 3 Scoops £4	
Vanilla	
Chocolate	
Strawberry	
Vegan Vanilla (VE*, DF*)	

CELEBRATING?

We now offer upgrades, including cake with candles extra! You have a choice between chocolate fudge cake or carrot cake. If you bring your own cake, there will be a cake service charge of £3per person to provide napkins, plates, cutlery and service :)