

THE ROSE & CROWN

Ulverston

Food Served Daily Mon-Sat 11:30am-3.00pm/5pm-8:30pm

All Day Sunday 11:30am-8:30pm

BAGUETTES

Served 12pm-3pm daily

All fillings served in a warm baguette and a side of dressed leaves and pickled slaw

£11.95 each

Add Small Fries £3.00 · Add Loaded Fries £4.50

CLASSIC CAJUN CHICKEN (GF*)

Our Famous Creamy Cajun Chicken with Mushrooms & Crispy Onion

Add Cheese £1.00

MESSY RUMP STEAK (DF*)

Thin Slices of Local Rump Steak, Red Onion & Mushrooms Topped with Brisket Gravy

Add Cheese £1.00

SWEET BBQ CHICKEN (GF*, DF*)

Chicken Breast Slices Covered in a Sweet & Sticky BBQ sauce Topped with Gooley Cheese

ROAST HAM (GF*, DF*)

Thinly Sliced Roast Ham with a Dijon & Chive Mayonnaise

Add Cheese £1.00

NEW YORK DELI (GF*)

Peppered Pastrami, Gherkins & Monterey Jack with Mild House Mustard Sauce

BACON & BRIE (GF*)

Generous Slices of Crispy Smoked Bacon, Creamy Brie & a Chipotle Cranberry Sauce

VEGAN MEATBALL SUB (VE*, V*, DF*)

Plant Based Vegan Meatballs with Marinara Sauce

Add Cheese (VE*) £1.20

TUNA & CUCUMBER (GF*, DF*)

Tuna Mayonnaise, Cucumber & Pickled Vegetables

Add Cheese and Make it a Melt?...£1.00

CAJUN VEGETABLES (GF*,V*)

Our Famous Creamy Cajun Sauce with Mixed Roasted Vegetables & Crispy Onions

Add Cheese £1.00

SKIN ON FRIES

£4.95

ONION RINGS

£4.95

SIDE SALAD

£4.00

FRESH VEGETABLES

£4.95

GARLIC BAGUETTE WITH MOZZARELLA

£8.00

GARLIC BAGUETTE WITH TOMATO, CHILLI &

£9.00

MOZZARELLA

PEPPERCORN SAUCE

£3.00

CREAMY CAJUN SAUCE

£3.00

BRISKET GRAVY

£2.00

SIDES

TEXAS FRIES

...with Crispy Smoked Bacon, Melted Cheese & BBQ Sauce

POSH FRIES

...with Grated & Shaved Parmesan Parsley & Truffle oil

MIDDLE EASTERN FRIES

...with Sliced Chicken Shawarma, Mint Yoghurt & Chilli Sauce

SALT & PEPPER FRIES (V*, VE*, DF*)

...with Sliced Peppers, Onions & Chillies

LOADED FRIES £6.95

CHICKEN CAESAR SALAD (V*)

15.50

Classic Caesar Ingredients of Cos Lettuce, Grated & Shaved Parmesan, Sliced Chicken Breast, Crispy Bacon, Anchovies and Baked Croutons

GREEK SALAD (DF*,GF*,VE*,V*)

£14.50

Another Classic Featuring Olives, Feta, Cucumber, Pickled Red Onion, Cherry Tomatoes & Oregano. Served with Garlic Flatbread Slices

SHAWARMA SALAD (GF*)

£15.50

Middle Eastern Chicken Shawarma Slices, Pickled Vegetables, Generous Salad Leaf, Yogurt Dressing, Garlic Flatbread & a Touch of Chilli Sauce

VEGAN BOWL (DF*,GF*,VE*,V*)

£15.50

Mixed Leaf with Vegan Bites, Cherry Tomatoes, Pickled Vegetables, Warmed Flatbread & a Vegan Aioli

FRESH SALADS

FRESH SOUP (GF*,V*) For Today's Fresh Soup, Please ask a Team Member or Check out the Chalkboards... Served with Half a Baguette & Butter	£6.95
SALT & PEPPER SQUID (DF*) Deep Fried Crispy Squid Curlys with Salt & Pepper Seasoning and a Pink Peppercorn & Garlic Mayonnaise	£9.50
BOWL OF NACHOS FOR ONE (GF*,V*,VE*,DF*) Oven Baked Crispy Tortilla Chips, Jalapeños, House Salsa, Sour Cream & Chive and Goey Mozzarella Add Some Creamy Cajun Chicken £3	£8.95
CRISPY BEEF (DF*) Fried Crispy Local Rump Steak in a Salt & Chilli Seasoning, Crispy Pepper, Chilli & Onion Salad. Served with a Sweet Chilli Sauce Drizzle	£8.95
GARLIC & CHILLI KING PRAWNS (GF*) Large Juicy King Prawns Cooked in Butter, Fresh Chilli, Chilli Flakes & Thinly Sliced Baguette for Dipping	£9.95
HUMMUS & FLAT BREAD (GF*,DF*,V*,VE*) For the Flavour of Todays Hummus, Please ask one of the Team... Served with Marinated Olives & Grilled Garlic Flat Bread	£7.50
VEGAN BITE TACO (DF*,VE*, V*) Served with a Chipotle BBQ Sauce & Vegan Aioli	£7.50
GRILLED HALLOUMI & CHORIZO Grilled Marinated Halloumi Slices with Crispy Wafer Thin Chorizo. Served with Leaves & House Salsa	£8.50

KIDS CORNER (CHILDREN UNDER 12YRS ONLY)

CHICKEN GOUJONS (DF*) Crispy Coated Chicken Goujons with Fries & Heinz Baked Beans	£7.00
MINI FISH (DF*) Mini battered Haddock Fillet with Fries & Mushy Peas	£7.00
MINI BANGERS (DF*) Local Pork Sausage, Crispy Fries & Brisket Gravy	£7.00
VEGAN MEATBALL PASTA (V*, VE*, DF*) Plant Based Meatballs in a Tomato Pasta Sauce with Flatbread Slices	£7.00
ROAST DINNER (SUNDAYS ONLY) Choice of Meats with Fresh Vegetables, Roasties, Gravy & Yorkshire Pudding	£7.50

SUNDAY ROAST!

£17.00

Please see our specials board for this week's choices!

We also have a nut roast which can be made vegan or vegetarian available

Your roast will be served with crispy roasties, creamy mashed potatoes, fresh seasonal vegetables & a monster yorkshire pudding!

unfortunately we are unable to do smaller portions as it is a set size

ROAST SIDES

Cumberland sausage stuffing with chestnuts, apple & fresh sage £3.00

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cauliflower cheese £3.00

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Spring greens, mixed green vegetables, roasted Hazelnuts & crispy bacon £3.00

BOOKINGS ARE A MUST FOR SUNDAYS
TO AVOID DISAPPOINTMENT!

FRESH MUSSELS (GF*) £18.50
 A Large Bowl of Fresh Mussels Served with a Freshly Baked Half Baguette & Topped with Skin on Fries
 Choose your sauce...
 • Tomato, Fresh Chilli & Oregano (DF*)
 or...
 • White Wine, Cream, Shallot & Fresh Sliced Garlic

CREAMY CAJUN CHICKEN (GF*) £18.00
 Ulverston's Best Kept Secret...Sliced Chicken Breast, Mushrooms & Onions in a Creamy Cajun Spiced Sauce Topped with Crispy Onions. Served with Lemon & Chive Rice
 Add fries £1.50
 Add flatbread £1
 (Smaller portion £14)

CAJUN VEGETABLES (GF*, V*) £17.00
 Mixed Green Vegetables, Baby Corn, Peppers, Mushrooms & Onions in the Famous Sauce Topped with Crispy Onions. Served with Lemon & Chive Rice
 Add fries £1.50
 Add flatbread £1
 (Smaller portion £13)

PROPER BATTERED FISH (DF*) £18.50
 Fresh from Fleetwood Fish Market... a Haddock Fillet in Crispy Batter. Served with House Tarter, Lemon, Mushy Peas & Skin on Fries
 (Smaller portion £14)

PANKO CAJUN CHICKEN BURGER £17.50
 Butterflied Chicken Breast Coated in a Crispy Japanese Panko Crumb. Served in Brioche with Slaw, Tomato & Pickled Vegetables. Topped with Cajun Sauce! Served with Crispy Onion Rings & Skin on Fries...

STEAK & ALE PIE £18.00
 Slow Cooked & Tender Braising Steak Slices Cooked in Fresh Thyme & Local Ale. Topped with Shortcrust Pastry, Served in Proper Gravy with Fresh Vegetables & Skin on Fries

VEGAN MEATBALL PASTA (V*, VE*, DF*) £17.00
 Specially Sourced Plant Based Meatballs Served on Penne Pasta in a Tomato, Garlic, Oregano & Fresh Chilli Sauce. Topped with Vegan Cheese & Served with a Crusty Baguette

FISH SPECIALS AVAILABLE DAILY
 Please see our specials board for our fish options!

ROSE BURGER (DF*) £17.50
 4oz Steak Mince Burger Patty Topped with Crispy Smoked Bacon & Monterey Jack Cheese. Served in Brioche with Leaves, Tomato, Pickled Red Onions, Gherkins & House Burger Sauce with Crispy Onion Rings, House Salsa & Skin on Fries

SIRLOIN STEAK (GF*,DF*) £26.50
 10oz Local Sirloin Cooked with Butter & Fresh Garlic. Served with Roasted Tomato & Flat Mushroom, Crispy Onion Rings & Skin on Fries. Cooked to your liking
 Add Peppercorn Sauce £3
 Add Creamy Cajun Sauce £3
 Add Brisket Gravy £2

GAMMON STEAK (GF*,DF*) £18.50
 16oz Gammon Steak Simply Cooked & Served with Roasted Tomatoes & Flat Mushrooms. Topped with Fried Eggs & Served with House Salad & Skin on Fries
 Add Panko Pineapple £2

FALAFEL & HALLOUMI BURGER (VE*, V*,DF*) £17.50
 Specially Sourced Falafel Patty Topped with Marinated Grilled Halloumi. Served in Brioche with Leaves, Tomato, Pickled Veg and Hummus of The Day. Served with Crispy Onion Rings & Skin on Fries

STIR-FRY OF THE DAY (V*,VE*, DF*)

PLEASE SEE THE SPECIALS BOARD FOR TODAY'S STIR-FRY!

What we are Famous For... Peppers, Mushrooms, Onion, Pak Choi, Baby Corn & Mixed Greens, Cashews & Black Sesame. Served with Skin on Fries and a Lemon & Chive Rice.

(Smaller portion available)

UPGRADE ANY MAIN TO
 LOADED FRIES
 £4.00

GUEST'S WITH ALLERGIES & INTOLERANCES

PLEASE MAKE A MEMBER OF THE TEAM AWARE BEFORE PLACING AN ORDER FOR FOOD OR DRINK. NOTE THAT ALL OF OUR DISHES ARE PREPARED IN A KITCHEN WHERE CROSS CONTAMINATION CAN OCCUR. OUR KITCHEN DOES CONTAIN NUTS AND WE CANNOT GUARANTEE AN ALLERGEN FREE ENVIRONMENT, OUR MENU DESCRIPTIONS DO NOT CONTAIN ALL INGREDIENTS

GF* - GLUTEN FREE OPTION AVAILABLE

VE* VEGAN OPTION AVAILABLE

DF* DAIRY FREE OPTION AVAILABLE

V* VEGETARIAN OPTION AVAILABLE

PLEASE ASK A MEMBER OF STAFF ABOUT THE OPTION AND SPECIFY YOUR ALLERGY/DIETARY REQUIREMENTS TO ENSURE OUR CHEFS GIVE YOU EXACTLY WHAT YOU NEED :)

PLEASE NOTE OUR FRIES ARE COOKED IN THE SAME OIL AS OTHER GLUTEN AND NON-VEGAN PRODUCTS.

WINES & FIZZ

	125ml	175ml	250ml	Bottle
<u>WHITE</u>				
PINOT GRIGIO	£4.80	£5.55	£6.95	£22.00
CHARDONNAY	£4.80	£5.55	£6.95	£22.00
SAUVIGNON BLANC	£4.80	£5.55	£6.95	£22.00
CHENIN BLANC	£4.80	£5.55	£6.95	£22.00
<u>RED</u>				
MERLOT	£4.80	£5.50	£6.95	£22.00
SHIRAZ	£4.80	£5.50	£6.95	£22.00
RIOJA	£5.50	£6.95	£7.95	£24.00
MALBEC	£5.60	£7.00	£8.10	£27.00
<u>ROSE</u>				
BLUSH	£4.80	£5.55	£7.00	£22.00
ZINFANDEL	£4.80	£5.55	£7.00	£22.00
PROSECCO	£6.50			£25.00

HOT DRINKS

WHITE COFFEE	£2.50
AMERICANO	£2.50
FLAT WHITE	£2.70
CAPPUCCINO	£2.70
LATTE	£2.70
ESPRESSO	£2.50
DOUBLE ESPRESSO	£3.60
MOCHA	£2.70
HOT CHOCOLATE	£2.70
TEA	£2.50
FLAVOURED TEA	£2.70
IRISH COFFEE	£7.00
SPICED RUM HOT CHOCOLATE	£7.00
BAILEYS LATTE	£7.00
BAILEYS HOT CHOCOLATE	£7.00

ADD AN EXTRA SHOT TO YOUR COFFEE
£1.00

DRAUGHT BEER & SPIRITS

	<u>PINT</u>
MADRI	£5.70
HELLES	£5.70
MORETTI	£6.10
HEINEKEN	£5.80
GUINNESS	£5.70
ALES	from £4.60
NECK OIL	£6.60
GUEST CRAFT	£6.60
STRONGBOW	£5.10
STRONGBOW DARK FRUITS	£5.25
OLD ROSIE STILL CIDER	£6.00
	<u>25ml</u>
GIN	from £3.70
RUM	from £3.70
VODKA	from £3.70
WHISKY	from £3.70

SWEET TREATS

All desserts £6.95 unless stated otherwise

BELGIAN WAFFLE

Warm & Sugary Dessert Waffle with a Scoop of Vanilla Ice Cream,
& Caramel Sauce

BISCOFF CHEESECAKE!

Our Most Popular Sweet Choice... Served with Ice
Cream, Biscoff Crumb & Proper Biscoff Sauce

LEMON TART

Zingy & Fresh individual Lemon Tart with Crushed
Meringue & Raspberry Coulis

CHOCOLATE CHIP & ORANGE PUDDING

(DF*, VE*, V*)

With Chocolate Sauce & Vanilla Ice Cream

STICKY TOFFEE PUDDING

Traditional Sweet Toffee Sponge with Toffee
Sauce & a Scoop of Vanilla Ice Cream

HOT CHOCOLATE BROWNIE (GF*)

With Chocolate Sauce & Chocolate Ice cream

ENGLISH LAKES ICE CREAM (GF*)

£1.75 per scoop

Vanilla

Chocolate

Strawberry

Vegan Vanilla (VE*, DF*)

CELEBRATING?

IF YOU BRING YOUR OWN CAKE, THERE WILL BE A SURPLUS
CHARGE OF £2 PER PERSON TO PROVIDE NAPKINS, PLATES,
CUTLERY AND SERVICE :)