

THE ROSE & CROWN

Ulverston

Food Served Daily Mon-Sat 11:30am-3.00pm/5pm-8:30pm
All Day Sunday 11:30am-8:30pm

BAGUETTES

Served 12pm-3pm daily

All fillings served in a warm baguette and a side of dressed leaves and pickled slaw
£11.95 each

Add Small Fries £3.00 · Add Loaded Fries £4.50

CLASSIC CAJUN CHICKEN (GF*)
Our Famous Creamy Cajun Chicken
with Mushrooms & Crispy Onion
Add Cheese £1.00

MESSY RUMP STEAK (DF*)
Thin Slices of Local Rump Steak, Red
Onion & Mushrooms Topped with
Brisket Gravy
Add Cheese £1.00

SWEET BBQ CHICKEN (GF*, DF*)
Chicken Breast Slices Covered in a Sweet
& Sticky BBQ sauce Topped with Gooley
Cheese

ROAST HAM (GF*, DF*)
Thinly Sliced Roast Ham with a Dijon &
Chive Mayonnaise
Add Cheese £1.00

NEW YORK DELI (GF*)
Peppered Pastrami, Gherkins &
Monterey Jack with Mild House Mustard
Sauce

BACON & BRIE (GF*)
Generous Slices of Crispy Smoked Bacon,
Creamy Brie & a Chipotle Cranberry Sauce

VEGAN MEATBALL SUB (VE*, V*, DF*)
Plant Based Vegan Meatballs with
Marinara Sauce
Add Cheese (VE*) £1.20

TUNA & CUCUMBER (GF*, DF*)
Tuna Mayonnaise, Cucumber & Pickled
Vegetables
Add Cheese and Make it a Melt?...£1.00

CAJUN VEGETABLES (GF*, V*)
Our Famous Creamy Cajun Sauce with
Mixed Roasted Vegetables & Crispy
Onions
Add Cheese £1.00

SIDES

SKIN ON FRIES	£4.95
ONION RINGS	£4.95
SIDE SALAD	£4.00
FRESH VEGETABLES	£4.95
GARLIC BAGUETTE WITH MOZZARELLA	£8.00
GARLIC BAGUETTE WITH TOMATO, CHILLI & MOZZARELLA	£9.00
PEPPERCORN SAUCE	£3.00
CREAMY CAJUN SAUCE	£3.00
BRISKET GRAVY	£2.00

LOADED FRIES £6.95

TEXAS FRIES	
...with Crispy Smoked Bacon, Melted Cheese & BBQ Sauce	
POSH FRIES	
...with Grated & Shaved Parmesan Parsley & Truffle oil	
MIDDLE EASTERN FRIES	
...with Sliced Chicken Shawarma, Mint Yoghurt & Chilli Sauce	
SALT & PEPPER FRIES (V*, VE*, DF*)	
...with Sliced Peppers, Onions & Chillies	

FRESH SALADS

CHICKEN CAESAR SALAD (V*)	15.50
Classic Caesar Ingredients of Cos Lettuce, Grated & Shaved Parmesan, Sliced Chicken Breast, Crispy Bacon, Anchovies and Baked Croutons	
GREEK SALAD (DF*, GF*, VE*, V*)	£14.50
Another Classic Featuring Olives, Feta, Cucumber, Pickled Red Onion, Cherry Tomatoes & Oregano. Served with Garlic Flatbread Slices	
SHAWARMA SALAD (GF*)	£15.50
Middle Eastern Chicken Shawarma Slices, Pickled Vegetables, Generous Salad Leaf, Yogurt Dressing, Garlic Flatbread & a Touch of Chilli Sauce	
VEGAN BOWL (DF*, GF*, VE*, V*)	£15.50
Mixed Leaf with Vegan Bites, Cherry Tomatoes, Pickled Vegetables, Warmed Flatbread & a Vegan Aioli	

FRESH SOUP (GF*,V*) For Today's Fresh Soup, Please ask a Team Member or Check out the Chalkboards... Served with Half a Baguette & Butter	£6.95
SALT & PEPPER SQUID (DF*) Deep Fried Crispy Squid Curls with Salt & Pepper Seasoning and a Pink Peppercorn & Garlic Mayonnaise	£9.50
BOWL OF NACHOS FOR ONE (GF*,V*,VE*,DF*) Oven Baked Crispy Tortilla Chips, Jalapeños, House Salsa, Sour Cream & Chive and Gooley Mozzarella Add Some Creamy Cajun Chicken £3	£8.95
CRISPY BEEF (DF*) Fried Crispy Local Rump Steak in a Salt & Chilli Seasoning, Crispy Pepper, Chilli & Onion Salad. Served with a Sweet Chilli Sauce Drizzle	£8.95
GARLIC & CHILLI KING PRAWNS (GF*) Large Juicy King Prawns Cooked in Butter, Fresh Chilli, Chilli Flakes & Thinly Sliced Baguette for Dipping	£9.95
HUMMUS & FLAT BREAD (GF*,DF*,V*,VE*) For the Flavour of Today's Hummus, Please ask one of the Team... Served with Marinated Olives & Grilled Garlic Flat Bread	£7.50
VEGAN BITE TACO (DF*,VE*, V*) Served with a Chipotle BBQ Sauce & Vegan Aioli	£7.50
GRILLED HALLOUMI & CHORIZO Grilled Marinated Halloumi Slices with Crispy Wafer Thin Chorizo. Served with Leaves & House Salsa	£8.50

KIDS CORNER

(CHILDREN UNDER 12YRS ONLY)

CHICKEN GOUJONS (DF*) Crispy Coated Chicken Goujons with Fries & Heinz Baked Beans	£7.00
MINI FISH (DF*) Mini battered Haddock Fillet with Fries & Mushy Peas	£7.00
MINI BANGERS (DF*) Local Pork Sausage, Crispy Fries & Brisket Gravy	£7.00
VEGAN MEATBALL PASTA (V*, VE*, DF*) Plant Based Meatballs in a Tomato Pasta Sauce with Flatbread Slices	£7.00
ROAST DINNER (SUNDAYS ONLY) Choice of Meats with Fresh Vegetables, Roasties, Gravy & Yorkshire Pudding	£7.50

SUNDAY ROAST!

£17.00

Please see our specials board for this week's choices!

We also have a nut roast which can be made vegan or vegetarian available

Your roast will be served with crispy roasties, creamy mashed potatoes, fresh seasonal vegetables & a monster yorkshire pudding!

unfortunately we are unable to do smaller portions as it is a set size

ROAST SIDES

Cumberland sausage stuffing with chestnuts, apple & fresh sage	£3.00
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cauliflower cheese	£3.00
-	
Spring greens, mixed green vegetables, roasted Hazelnuts & crispy bacon	£3.00

BOOKINGS ARE A MUST FOR SUNDAYS
TO AVOID DISAPPOINTMENT!

FRESH MUSSELS (GF*)	£18.50
A Large Bowl of Fresh Mussels Served with a Freshly Baked Half Baguette & Topped with Skin on Fries	
Choose your sauce...	
<ul style="list-style-type: none">• Tomato, Fresh Chillli & Oregano (DF*)or...• White Wine, Cream, Shallot & Fresh Sliced Garlic	
CREAMY CAJUN CHICKEN (GF*)	£18.00
Ulverston's Best Kept Secret...Sliced Chicken Breast, Mushrooms & Onions in a Creamy Cajun Spiced Sauce Topped with Crispy Onions. Served with Lemon & Chive Rice	
Add fries £1.50	
Add flatbread £1	
(Smaller portion £14)	
CAJUN VEGETABLES (GF*, V*)	£17.00
Mixed Green Vegetables, Baby Corn, Peppers, Mushrooms & Onions in the Famous Sauce Topped with Crispy Onions. Served with Lemon & Chive Rice	
Add fries £1.50	
Add flatbread £1	
(Smaller portion £13)	
PROPER BATTERED FISH (DF*)	£18.50
Fresh from Fleetwood Fish Market... a Haddock Fillet in Crispy Batter. Served with House Tarter, Lemon, Mushy Peas & Skin on Fries	
(Smaller portion £14)	
PANKO CAJUN CHICKEN BURGER	£17.50
Butterflied Chicken Breast Coated in a Crispy Japanese Panko Crumb. Served in Brioche with Slaw, Tomato & Pickled Vegetables.	
Topped with Cajun Sauce! Served with Crispy Onion Rings & Skin on Fries...	
STEAK & ALE PIE	£18.00
Slow Cooked & Tender Braising Steak Slices Cooked in Fresh Thyme & Local Ale. Topped with Shortcrust Pastry, Served in Proper Gravy with Fresh Vegetables & Skin on Fries	
VEGAN MEATBALL PASTA (V*, VE*, DF*)	£17.00
Specially Sourced Plant Based Meatballs Served on Penne Pasta in a Tomato, Garlic, Oregano & Fresh Chillli Sauce. Topped with Vegan Cheese & Served with a Crusty Baguette	

FISH SPECIALS AVAILABLE DAILY

Please see our specials board for our fish options!

ROSE BURGER (DF*)	£17.50
4oz Steak Mince Burger Patty Topped with Crispy Smoked Bacon & Monterey Jack Cheese. Served in Brioche with Leaves, Tomato, Pickled Red Onions, Gherkins & House Burger Sauce with Crispy Onion Rings, House Salsa & Skin on Fries	
SIRLOIN STEAK (GF*,DF*)	£26.50
10oz Local Sirloin Cooked with Butter & Fresh Garlic. Served with Roasted Tomato & Flat Mushroom, Crispy Onion Rings & Skin on Fries. Cooked to your liking	
Add Peppercorn Sauce £3	
Add Creamy Cajun Sauce £3	
Add Brisket Gravy £2	
GAMMON STEAK (GF*,DF*)	£18.50
16oz Gammon Steak Simply Cooked & Served with Roasted Tomatoes & Flat Mushrooms. Topped with Fried Eggs & Served with House Salad & Skin on Fries	
Add Panko Pineapple £2	
FALAFEL & HALLOUMI BURGER (VE*, V*,DF*)	£17.50
Specially Sourced Falafel Patty Topped with Marinated Grilled Halloumi. Served in Brioche with Leaves, Tomato, Pickled Veg and Hummus of The Day. Served with Crispy Onion Rings & Skin on Fries	
STIR-FRY OF THE DAY (V*,VE*, DF*)	
PLEASE SEE THE SPECIALS BOARD FOR TODAY'S STIR-FRY!	
What we are Famous For... Peppers, Mushrooms, Onion, Pak Choi, Baby Corn & Mixed Greens, Cashews & Black Sesame. Served with Skin on Fries and a Lemon & Chive Rice.	
(Smaller portion available)	

UPGRADE ANY MAIN TO
LOADED FRIES
£4.00

GUEST'S WITH ALLERGIES & INTOLERANCES

PLEASE MAKE A MEMBER OF THE TEAM AWARE BEFORE PLACING AN ORDER FOR FOOD OR DRINK. NOTE THAT ALL OF OUR DISHES ARE PREPARED IN A KITCHEN WHERE CROSS CONTAMINATION CAN OCCUR. OUR KITCHEN DOES CONTAIN NUTS AND WE CANNOT GUARANTEE AN ALLERGEN FREE ENVIRONMENT, OUR MENU DESCRIPTIONS DO NOT CONTAIN ALL INGREDIENTS

GF* - GLUTEN FREE OPTION AVAILABLE
VE* VEGAN OPTION AVAILABLE
DF* DAIRY FREE OPTION AVAILABLE
V* VEGETARIAN OPTION AVAILABLE

PLEASE ASK A MEMBER OF STAFF ABOUT THE OPTION AND SPECIFY YOUR ALLERGY/DIETARY REQUIREMENTS TO ENSURE OUR CHEFS GIVE YOU EXACTLY WHAT YOU NEED :)

PLEASE NOTE OUR FRIES ARE COOKED IN THE SAME OIL AS OTHER GLUTEN AND NON-VEGAN PRODUCTS.

HOT DRINKS

WHITE COFFEE	£2.60
AMERICANO	£2.60
FLAT WHITE	£2.80
CAPPUCCINO	£2.80
LATTE	£2.80
ESPRESSO	£2.60
DOUBLE ESPRESSO	£3.70
MOCHA	£2.80
HOT CHOCOLATE	£2.80
TEA	£2.60
FLAVOURED TEA	£2.80
IRISH COFFEE	£7.50
SPICED RUM HOT CHOCOLATE	£7.50
BAILEYS LATTE	£7.50
BAILEYS HOT CHOCOLATE	£7.50

ADD AN EXTRA SHOT TO YOUR COFFEE
£1.00

WINES & FIZZ

<u>WHITE</u>	125ml	175ml	250ml	Bottle
PINOT GRIGIO	£4.90	£5.80	£7.30	£22.00
CHARDONNAY	£4.95	£5.85	£7.35	£22.00
SAUVIGNON BLANC Chile	£4.95	£5.85	£7.35	£22.00
SAUVIGNON BLANC New Zealand	£5.50	£6.95	£9.95	£29.50
<u>RED</u>				
MERLOT	£4.90	£5.80	£7.30	£22.00
SHIRAZ	£4.95	£5.85	£7.35	£22.00
RIOJA	£5.80	£7.25	£8.25	£24.50
MALBEC	£5.90	£7.30	£8.40	£27.00
<u>ROSE</u>				
BLUSH	£4.90	£5.80	£7.30	£22.00
ZINFANDEL	£4.90	£5.80	£7.30	£22.00
PROSECCO	£6.50			£26.50

DRAUGHT BEER & SPIRITS

	<u>PINT</u>
MADRI	£5.80
HELLES	£5.80
MORETTI	£6.30
HEINEKEN	£5.90
GUINNESS	£5.80
ALES	from £4.60
NECK OIL	£6.70
GUEST CRAFT	£6.70
STRONGBOW	£5.40
STRONGBOW DARK FRUITS	£5.40
OLD ROSIE STILL CIDER	£6.10
	<u>25ml</u>
GIN	from £3.80
RUM	from £3.80
VODKA	from £3.80
WHISKY	from £3.80

SWEET TREATS

All desserts £6.95 unless stated otherwise

BELGIAN WAFFLE

Warm & Sugary Dessert Waffle with a Scoop of Vanilla Ice Cream,
& Caramel Sauce

BISCOFF CHEESECAKE!

Our Most Popular Sweet Choice... Served with Ice
Cream, Biscoff Crumb & Proper Biscoff Sauce

LEMON TART

Zingy & Fresh individual Lemon Tart with Crushed
Meringue & Raspberry Coulis

CHOCOLATE CHIP & ORANGE PUDDING

(DF*, VE*, V*)

With Chocolate Sauce & Vanilla Ice Cream

STICKY TOFFEE PUDDING

Traditional Sweet Toffee Sponge with Toffee
Sauce & a Scoop of Vanilla Ice Cream

HOT CHOCOLATE BROWNIE (GF*)

With Chocolate Sauce & Chocolate Ice cream

ENGLISH LAKES ICE CREAM (GF*)

£1.75 per scoop

Vanilla

Chocolate

Strawberry

Vegan Vanilla (VE*, DF*)

CELEBRATING?

IF YOU BRING YOUR OWN CAKE, THERE WILL BE A SURPLUS
CHARGE OF £2 PER PERSON TO PROVIDE NAPKINS, PLATES,
CUTLERY AND SERVICE :)